



Training Programme for Volunteers & Carers

<i>SESSION</i>	<i>METHOD</i>	<i>TRAINING AID</i>	<i>NOTES / HANDOUTS</i>
Refreshments on arrival			
Introduction	Attendee's to introduce themselves and sign in		Name Badges & Signing In Sheet
Interactive Musical Concerts	Explanation and discussion on: <ul style="list-style-type: none"> • How Lost Chord was established. • What are we trying to achieve? • Reasons for one day training course. 	Overhead projector	Articles from Dementia Care
Leave to attend a Lost Chord session	<ul style="list-style-type: none"> • Observations during the concert. • Assisting with the resident's enjoyment. • Noting the effectiveness of the different types of music. 	Lost Chord Musicians performing a typical concert	Attendees will be sat at random with the residents observing the concert and becoming involved where appropriate with singing, dancing & percussion
Discussion with the residents after the concert	<ul style="list-style-type: none"> • Casual interaction with residents to ascertain their reactions. 		Attendee's to take notes as necessary
Group Discussion	<ul style="list-style-type: none"> • Split into two groups with a note taker in each group. • Group discussion on the effectiveness of the interactive sessions. 		Group Discussion, one person in each group to write down the group's comments

Consolidation of group discussions	<ul style="list-style-type: none"> • The note taker to go through the points raised in each group • All points to be listed on the flip chart 	Flip Chart	Suggestions to improve the format of the Lost Chord session
Lunch	<ul style="list-style-type: none"> • Buffet lunch is provided. Please advise of any special dietary requirements 		
Concert Report Forms	<ul style="list-style-type: none"> • Explanation of why the report forms are necessary. • Information to Homes. • Information to Musicians. • How to complete the form effectively. • Each attendee to complete a report form on the Lost Chord session • Completed report forms analysed. 	Overhead Projector Flip Chart	Good and bad examples of report forms from previous concerts
Attend second Lost Chord session	<ul style="list-style-type: none"> • Attend a session in a different home with different musicians • Discussion on the effectiveness of the therapeutic music • Discussion on the differences between the two sessions 	Assist where appropriate	Contrast and compare the effectiveness of both sessions
Appraisal of the training session and conclusions	<ul style="list-style-type: none"> • List of suggestions for future concerts • Stick on name labels for residents. • The role of the Volunteer during Lost Chord Concerts • How to improve the effectiveness of the Interactive Musical Concert. • Complete Course Assessment form. 		Course Assessment form